

Newsletter

A Special Message from Our Foundation Board Chair

As we celebrate the spirit of the season, we are delighted to share a heartfelt letter from Wayne Godward, our volunteer Foundation Board Chair. Wayne reflects on the incredible impact of your generosity and shares a touching story about the difference St. Joseph's at Fleming makes in the lives of our residents and their families. We invite you to read his message below and consider how you can continue to support our community this holiday season.

Dear Supporters of St. Joseph's at Fleming,

My name is Wayne Godward, and in my role as volunteer Foundation Board Chair, I meet many amazing residents and their loved ones who share their stories with me.

Let me ask you a question - What is the best thing about Christmas dinner?

For me, it's having family around the table. And then, the funny stories start flying. But your loved ones also know you don't like turnip, and who your favourite artist is. In other words, you matter to the people around the table.

When I met Tim Farquharson, the Chief of Police for the Port Hope Police Service, who had both his parents at SJF, he told me that every meal for his parents at SJF was like Christmas dinner.

Let me tell you a bit more about Tim's story.

Tim told me, "When it became obvious that my parents needed help, my dad was clear that he wanted the best care for my mom as her Alzheimer's was progressing, and he was getting up there himself."

Tim added, "They both moved into St Joseph's at Fleming. I have to admit, my six siblings and I were a bit worried off the top. How would they do?"



Tim shared, “My parents moved in before COVID. At that time, outside of minor outbreaks, the home was open for business, and it was easy to visit. I was keen to visit, but the demands of policing meant I could not visit as often as I wanted.”

“But an amazing thing happened – when I arrived, the staff would start telling me funny stories about my parents. They would comment on my mom’s favourite music. They would repeat a good moment during their lunches together.”

As a supporter of St. Joseph’s at Fleming, I know you care about the dignity and well-being of our residents. You’ve been there for the people we serve before. I really appreciate your ongoing support.

Tim said, “The last thing I expected was that SJF would be like a family Christmas meal for my parents – **everyday!** I was worried they would just be nameless faces and not have the love and support that we gave them.”

Residents like Tim’s parents thrive at SJF because the staff practice person-centred care daily. But without immediate action, the high standards of SJF’s person-centred care are at risk. Tim and his six siblings can all visit and help to care for their parents. However I know that many families only have one family member supporting their loved one at SJF.

Will you be a Saint and give to St. Joseph’s at Fleming this Holiday season? Your contribution will help residents like Tim’s parents experience the warmth, support, and sense of family that makes St. Joseph’s so special.

Thank you again for your generosity — for being a Saint and supporting SJF — your gift helps residents live as fully and joyfully as possible. You can easily make your donation by visiting the Foundation’s donation page through the QR code provided.

Wishing you and your family a happy holiday,

Wayne Godward

Board Chair

Saint Joseph’s at Fleming Foundation



P.S. Your Holiday gift will make a meaningful difference to our residents and staff. Thank you for being part of the St. Joseph’s at Fleming family.



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Tuck Shop Holiday Hours

The Tuck Shop, proudly operated by the Foundation, is a favorite spot for residents, staff, students, and visitors alike! With a variety of treats and goodies available, it's a wonderful way to add a little extra cheer to your day.

To ensure everyone can enjoy the Tuck Shop during the busy holiday season, there will be a slight change in hours for the week of Christmas:

- **Monday, December 23:** 1:00 pm – 3:00 pm
- **Friday, December 27:** 1:00 pm – 3:00 pm (usual hours)

Please note that the Tuck Shop is **cash only**, and everyone is welcome to shop—residents, staff, students, and visitors! (We've heard there's been a little confusion, but rest assured, the Tuck Shop is open to all.)

Thank you for your continued support of the Tuck Shop, which directly benefits the Foundation. We look forward to welcoming you for some holiday treats and festive finds!

Congratulations to Our Christmas Raffle Winner!



We're thrilled to announce the winner of our Christmas Raffle Basket, which raised over \$720! Congratulations to Skylar W.! May this festive basket bring you holiday cheer and a little extra sparkle this season. Thank you to everyone who participated and helped support St. Joseph's at Fleming – your contributions make a difference!

The moment of the big reveal as SFJ resident Robert picked the lucky winner!

