



Christmas is Coming!

Your Holiday gift will bring more joy and laughter to the lives of our residents!

I wish I could bring you to games day at St. Joseph's at Fleming. **With support from donors like you**, SJF was able to purchase a revolutionary digital game system. I know what you are thinking. Seniors playing video games? How is that a thing?

This product is called Obie. It projects interactive games on any surface, but most often a table. The projections are virtual and interactive. And guess what – residents love them!

But don't take my word for it - experts love this product.

Professor Elkhonon Goldberg, an NYU School of Medicine clinical neuropsychologist, says, "The games are great for seniors. They are cognitively stimulating, socially engaging, and physically invigorating – a winning combination for all ages!"

Let me tell you another surprise about Obie – kids love them, too. Grandkids (of all ages), when they visit, can play along with their grandparents.

I know you want to bring comfort and joy to our residents. You've been there for the people we serve before. I really appreciate your ongoing support.

Will you be a Saint and give to St. Joseph's at Fleming today? Your Holiday gift will provide our residents with a new way to enjoy life with their family or with their friends in the home.

I hope the Holiday season inspires you to give as generously as you can.

Here is the only problem with our Obie system. There is only one! Your gift will mean the home can purchase another system.

Other homes that use an Obie system report their residents are smiling and laughing more than ever before.

One real problem for our residents is loneliness. Not everyone has family close by. But the Obie system has been an incredible solution to bring residents together to play and laugh.



That is why I wish you could come to games day to see the joy it brings.

Seniors using Obie show significant improvement in the following categories:

Motor Skill

 **97%**

Cognitive

 **88%**

Social Behaviour

 **84%**

www.obieforseniors.com

When our staff can provide integrated cognitive, physical, and social stimulation to our residents, they get the best possible care. Our staff works on this daily, and another Obie will increase the opportunities for all our residents.

The Obie system provides excellent infection control by projecting an image on a table. One quick cleaning of the table surface, and it is ready for the next group to play.

The only way we can make the vital improvements our residents deserve is with your financial support today.

Will you be a Saint and make your most generous Holiday gift today?

Thank you again for your amazing generosity — for being a Saint and supporting SJF — your gift helps residents live as fully and joyfully as possible.

Wishing you and your family a happy Holiday,



Wayne Godward
Board Chair
St. Joseph's at Fleming Foundation



Won't you Consider Making a Christmas Donation?

You can support the SJF Foundation this holiday season by:

- Mailing a cheque made out to St. Joseph's at Fleming Foundation
- Giving online at givetosjf.ca, click "Donate Today"
- Bringing cash, cheque, or your credit card info to the SJF reception desk when you are visiting



St. Joseph's at Fleming Foundation
659 Brealey Drive • Peterborough ON K9K 2R8
Phone: (705) 743-4744 ext.3060
Email: foundation@sjfltc.com
www.givetosjf.ca