

## **The Future Depends On Our Actions Today**

*From the desk of Jim Coghlan, Board Chair of the SJF Foundation.*

St. Joseph's at Fleming in partnership with the St. Joseph's at Fleming Foundation have launched the *Be a Saint Campaign*.

While all of us are feeling the effects of the COVID-19 pandemic, the seniors living at St. Joseph's at Fleming felt it acutely when three of their fellow residents became ill back in March 2020. Happily, our facility has been COVID free ever since thanks to the efforts of the staff who went above and beyond to care for and keep our residents safe.

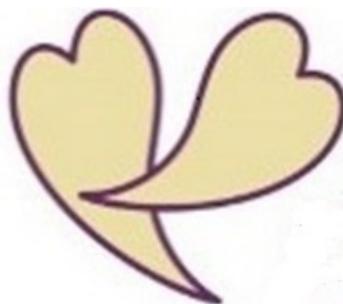
But the future depends on our actions today.

Our caring staff have found creative ways to make do with outdated equipment and technology in a facility that is in urgent need of updates.

Now more than ever, we must stay true to our mission of building on the legacy of the Sisters of St. Joseph to provide each of our residents with compassionate person-centered care and comfort.

With help from people like you, the home can improve infection control and keep residents comfortable no matter how hot or cold it gets outside by investing in enhanced resident safety, comfort, and well-being. Together we can make urgently needed updates to our facility including the purchase of a new HVAC system with HEPA filters.

In the months ahead, you will find out how you can support the campaign and learn about how people like you are showing their love to all the seniors at SJF.



## And the first donor is...

When Saint Joseph's at Fleming launched our *Be a Saint Campaign* we turned to our closest friends first. The Sisters of Saint Joseph were the original partners in the home and are the first donors to the *Be a Saint Campaign*.

The Sisters of St. Joseph have a long legacy of care in the home. Sr. Phyllis Guindon was a pastoral care volunteer at SJF from 2004 to 2008, and Sr. June Nash was on the SJF Foundation board from 2010 to 2019.

Sr. Helen Russell who is providing local congregational leadership for the Sisters of St. Joseph in Canada stated, "Both Sisters loved St. Joseph's, both the residence and the residents, and both have 'gone to God' but are continuing to journey with us and support today's endeavours. As we look at the need and the timeliness of the *Be a Saint Campaign*, we know they are cheering us on, as we set about the task of renewing and updating the building at 659 Brealey Drive, which is not simply another building but a home for 200 worthy citizens of the Peterborough area."

Jim Coghlan, Board Chair for the SJF Foundation stated, "I want to thank Sr. Helen Russell and all the Sisters for their generous first gift to the campaign. I worked closely with Sr. June Nash, and she really had a way with words, starting our Foundation board meetings with a benediction that was always exactly what we needed to hear. I really miss her leadership at every meeting."

Sr. Russell added, "we are grateful to Carolyn Rodd, the CEO, and all her capable staff for the good care taken for these aged and wise people living at SJF. I also want to recognize the 120 caring and creative volunteers who also assist in this undertaking, from providing friendly smiles, portering, serving tea or other libations, to listening, telling stories, providing music or artistic and craft opportunities, and all the other myriad tasks undertaken with love and concern."

Sr. Helen Russell concluded with the hope that "all the families and the generous folk of the Peterborough area support the campaign, knowing that all persons deserve to live with dignity, purpose, and personal choice. Be a saint and join the campaign because the rewards are out of this world!"

The SJF Foundation is very grateful to the Sisters of St. Joseph for their leadership and generous support.



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